CARE PACKAGE

Curated with Care by ennead NOMA
Listen, See, Eat, Read, Move and More...
As members of Ennead NOMA, we believe in the power of community and creative expression to inspire, uplift, and heal. That’s why we’ve curated a Care Package for AANHPI communities, filled with a collection of art, writing, and ideas from artists, writers, and scholars we’ve collaborated with in the past.

This package is designed to encourage reflection, learning and healing through a collection of pieces that speak to the resilience and strength of AANHPI community, and to offer a sense of connection and solidarity during challenging moments. We hope that these offerings bring you peace and inspiration, builds upon our Ennead community of understanding and support for one another.
Music

What Time Is It On The Clock Of The World?
by Nobuko Miyamoto & Juan Perez

The song addresses issues of social justice and the need for collective action to bring about change in the world.

Nobody
by Mitski

Blend of indie rock and synth-pop that reflects on loneliness and the desire for connection, featuring a poignant lyrics and emotive vocals.

Sinestesia
by Efek Rumah Kaca

The Indonesian indie band combines poetic lyrics with atmospheric instrumentals to create a dreamlike and introspective musical experience.

Crumbling
by Mid-Air Thief

This South Korean electronic music project blends elements of folk, psychedelic rock, and electronica to create a mesmerizing and experimental sound.
As an ally it is important to create a safe space and to listen to experiences different from your own. Wesley Morris and Jenna Wortham are two prominent Black thinkers and writers who discuss culture on their podcast Still Processing.

Yuki Kawae created a wabi-sabi-inspired Zen garden in his apartment after finding calm in caring for a small plant, and gained popularity by documenting its creation on Instagram during the pandemic.

A podcast about understanding the truisms inherent in desiness. We (probably) talk about the stuff your mom and dad won’t.

Sounds from Low Leaf’s harp and crystal bowls coalesce with sonic frequencies from fruits and vegetables transmitted through Alex Abalos’ modular synthesizer.
Movies

Afterearth

directed by Jess X. Snow, Kit Yan & Peter Pa

A short film told through music, poetry, and heartfelt testimonial, and displayed through stunning visuals situated in locations touched by the Pacific Ocean.

Waterman

directed by Isaac Halasima

Narrated by Jason Momoa, this documentary focuses on the life of five-time Olympic medalist, Duke Kahanamoku. Waterman also examines Kahanamoku’s indigenous activism and stories of humanitarianism.

Everything Everywhere All at Once

directed by Daniel Kwan & Daniel Scheinert

Chinese immigrants who own a laundromat are being audited by the IRS when Evelyn is swept up in an insane adventure.

My America... Or Honk If You Love Buddha

directed by Renee Tajima-Peña

This documentary celebrates the changing terrain of American culture and identity through the rise of the country’s fastest-growing racial group, Asian Americans.
**TV Shows**

**Beef**

Directed by Lee Sung Jin

Beef is written to make us interrogate our long-held beliefs about our values, boundaries and intergenerational trauma.

**Pachinko**

Directed by Kogonada & Justin Chon

Drama series that follows the lives of a Korean family over several generations as they navigate the challenges of living in Japan.

**Art Exhibitions**

**I Spend Each Day Embracing Flowers**

by Yayoi Kusama

Yayoi Kusama will unveil her latest works on May 11 in one of her largest gallery exhibitions to date, at David Zwirner Gallery's Chelsea galleries in New York City. An exhibition at David Zwirner Gallery starting on May 11.

**Rubin Museum of Art**

Paintings, statues, textiles & more from Tibet, Bhutan & other Asian lands, plus rotating exhibits
Recipes

Kitchen Remedies
by People’s Kitchen Collective
The People’s Kitchen Collective works at the intersection of art and activism as a food-centered political education project.

No Recipes
by Marc Matsumoto
Shares hundreds of irresistible Japanese and American dishes.

The Woks of Life
by Sarah Leung
Recipes to Know and Love from a Chinese American Family.

Omnivore’s Cookbook
by Maggie Zhu
Authentic Chinese Recipes
Features recipes for all types of diets and palates, from vegan wonton soup to rich chicken curry.
Restaurants

Golden Diner
Chef: Sam Yoo
Asian Diner that combines classic diner fare with Korean flavors, offering a unique and delicious dining experience in the heart of New York City.

Tito Papas
Chef: Jaypee Almero and Joey Golja
Filipino bar food like adobo pork belly bao and fried chicken sisig tacos, and they sometimes offer specials like Mexican elote bowls and ube tres leches.

Divya's Kitchen
Founder and Executive Chef: Divya Alter
Based in Ayurvedic principles and cooking techniques.

Bonnie's
Chef: Calvin Eng
Cantonese-American restaurant that offers modern American cuisine with a focus on locally-sourced ingredients and creative twists on classic dishes.
Not Quite Not White
by Sharmila Sen
Part memoir, part manifesto. A witty and sharply honest story of discovering that not-whiteness can be the very thing that makes us American.

Crying in H Mart: A Memoir
by Michelle Zauner
This memoir explores grief, identity, and her Korean-American heritage through the lens of her relationship with her late mother and their shared love of food.

The Body Papers
by Grace Talusan
Talusan explores her experiences as a Filipino immigrant and survivor of abuse, and her journey towards reclaiming her body and identity.

Native Speaker
by Chang-Rae Lee
This novel follows the complex life of an immigrant and spy as he navigates identity, loyalty, and betrayal in both his personal and professional life.
Magazines

Banana
founded by Vicki Ho & Kathleen Tso
All Things AZN. Strives to navigate through the blurred Eastern and Western boundaries and create a voice for contemporary Asian culture.

Current, I
by Lehua Taitano
A piece originally written for a digital exhibition curated by the Smithsonian Institute's Asian Pacific American Center titled "A Day in the Queer Life of Asian Pacific America." As such, the poem is a response to the question: "As a queer Pacific Islander, how are you doing?"

Poems

Between You and You
by Sham-e-Ali Nayeem featuring Qais Essar
Explores the depths and complexities that exist in a relationship with the self. Reflections on the notion of solitude and transformations over time and in nature.

Future Letter to Daughter
Apologizing for When I Caved to Her Request and Brought Her to Barbie's Dream House at the Mall of America.
by Bao Phi
The poem is a heartfelt apology from a mother to her daughter for contributing to the societal pressure for girls to conform to stereotypical feminine ideals.
Whakarongo, an embodied journey
by Jack Gray & Kealoha Ferreira
Offers a seated mobility series, gentle movement for the torso and spine to soften the heart and expand breath, that is connected to a Hawaiian proverb.

Things Unstable
by Seung-Taek Lee
Deploying natural elements such as fire, wind, earth, and water as conceptual collaborators, Lee’s multimedia performances expanded the lexicon of the 1970s’ turn towards environmental aesthetics marking his practice as an early proponent of eco-art.

Mixed Asian Media Comedy Night
Please join Mixed Asian Media, ACE Next Gen, Hate is a Virus, Leviathan Lab, and the Lunar Collective for a night of comedy to celebrate AAPINH Heritage Month, featuring some of our favorite Asian American comedians.

Playroom
by Clae Lu
“Playroom” presents a variety of experimental works that range from painting, to a meditative installation, to sonic compositions on the (gu zheng), also known as the Chinese zither.
The Juggernaut
by Snigdha Sur
The Juggernaut tells untold, smart South Asian stories and news you won’t find anywhere else.

Napkin Hoarder
by Phyllis Myung
All about growing up in an immigrant family and figuring out life with one foot as an American and the other foot as an Asian. Straddling two worlds and navigating what it means to raise a child as an Asian American.

17.21 WOMEN
by Doris Hokane
A digital & physical archive centering East & Southeast Asian women throughout history

Asian Founded
by Ester Lee
Crafting content for the API business community
Allyships & Opportunities

Now You See Us
by Mai Nguyen & Kevi Nontasak
Intentional events and educational workshops focused on breaking down harmful stereotypes, reclaiming & redefining dynamic cultural identities, and unapologetically celebrating the modern asian diaspora.

Asian American Arts Alliance
The Asian American Arts Alliance is dedicated to strengthening Asian American artists and cultural groups through resource sharing, promotion, and community building.

Dear Asian Youth
by Stephanie Hu
Dear Asian Youth is a youth-led, global organization that promotes intersectional activism, solidarity with other marginalized communities, and equality and equity. Through our digital platform, grassroots organizing, and community-based advocacy, we strive to showcase diversity in the Asian community as well as accurate and holistic representation.

VAYLA New Orleans
VAYLA's commitment to youth development, community empowerment through education and cultural awareness forges a sacred space for young leaders to engage and empower each other through complex cultural exchange, community dialogue, and comprehensive civic engagement.

Join

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Enneadian Picks

Tuvan Throat Singing
by Alash Ensemble
Masters of traditional Tuvan instruments as well as the art of throat singing, Alash are deeply committed to traditional Tuvan music and culture.

‘Kadhal Rojave’ from Roja
by A.R. Rahman
A soulful and melodious song captures the essence of love with its beautiful lyrics and enchanting music.

Chungking Express
directed by Wong Kar-wai
A romantic-comedy film explores themes of loneliness, connection, and chance encounters in the bustling city of Hong Kong.

The Farewell
directed by Lulu Wang
Awkwafina plays a Chinese-American woman who learns that her grandmother is dying but is forced to keep it a secret in this tragicomic true story from writer-director Lulu Wang.